

In association with

 TheGenealogist.co.uk

Discover your

Ancestors

Issue No. 2 | £5.99



33

places to visit
to explore your
heritage

77

useful resources
for family
research

First steps with your family tree

Full beginners' guide

Roots around the globe

Explore connections
in Ireland, Canada, Wales,
Scotland, New Zealand

Past lives brought to life

Follow your forebears
from cradle to grave



Exclusive Reader Offer

Save **£50** on a Diamond package with
TheGenealogist SEE BACK COVER

PLUS claim your **FREE** Charting & Research Pack

UK £5.99 €7.90 US \$12.99 CANADA \$12.99 AUSTRALIA \$12.99 NZ \$13.99

ISSN 2048-2507
02 >



9 772048 250013

DISCOVERY

SOCIAL HISTORY » RESEARCH ADVICE » FAMILY PHOTOS » MILITARY RECORDS



Welcome

Welcome to the second issue of **Discover Your Ancestors**. Once again, our mission is to bring past lives to life, and to help you explore your personal heritage.

If you're new to the publication, you'll find a friendly approach to social and family history, with guidance for beginners on how to explore your family tree and a host of features on helping you to imagine what your ancestors' lives were like. If you're with us again, thanks for coming back – you'll find a wealth of new material here.

In this issue we've delved into numerous different aspects of life in the past, from schooldays since Victorian times, to medical and dental treatments over several centuries, and even the cookbooks that our ancestors might have used. Come with us on a trip to a Victorian photographer's studio, or explore the clothes people wore in Regency times and the houses they lived in.

Although our focus is British roots and history, we're well aware that people around the world have connections to these islands – in this issue we have features on different types of settlers in both New Zealand and Canada, and throughout the publication you'll find references to research resources and places to visit around the world as well as in the UK. And of course we know that the British Isles doesn't just mean England: we have special features on Wales, Scotland and Ireland – and indeed Cornwall, if you're a Kernow separatist!

Were your ancestors Methodists, Baptists, Quakers or Huguenots? Or in one of the world wars? We've got features on all of those subjects too, written once again by experts and enthusiasts.

The past may in some senses be a fixed thing, but when we explore our personal heritage we come to see how our family and social history just grows and grows. Every new generation you climb to in your family tree brings new people, life stories and occupations to learn about. There's always more to discover!

I know this myself: in the last issue, I wrote of a family mystery of my own and how I was awaiting

the results of a DNA test which could help clear it up. I was excited to discover that it did indeed prove beyond reasonable doubt a family connection that I had long suspected but only had circumstantial evidence for. As I write this, the results of DNA tests on a skeleton found in a Leicester car park in 2012 have just been announced, proving that the remains were those of the long-lost Richard III. My own tale won't hit the headlines, but it made all the difference to me – and you will find stories just like that as you explore your own roots.

We're delighted by the huge success of our first issue, and my thanks go to everyone who has been part of that one and this – now we're also excited to announce the launch of our digital-only monthly edition, **Discover Your Ancestors Periodical**, to help you explore your roots in more detail and whet your appetite until issue three (see page 8). Join us for more adventures in the past!

Andrew Chapman,
Editor



Record Your Family Tree on a Printed Chart

New 2013 catalogue available

8 Chart designs available on paper or canvas, from £1.20

www.my-history.co.uk
or Telephone 01709 858572 for a catalogue
1a Denaby Point, Coalpit Road, Denaby Main
Doncaster, South Yorkshire, DN12 4LH

Please see our website for full range and details

Contents



FEATURES

- Aphrodite and the Dragon** 10
Business guru Theo Paphitis' roots in Cyprus
- Everyone's connected!** 16
A round-up of celebrity genealogies
- Preaching to the people** 28
Explore Nonconformist heritage
- Old school education** 56
Were they the best days of people's lives?
- The original refugees** 68
The romance and reality of the Huguenots
- The cabman's nemesis** 84
A strange tale from Victorian London
- The babies behind bars** 100
Mothers and children in prison
- A trip to the studio** 114
Behind the Victorian photographer's curtain
- A pictorial guide to Regency costume** 120
What did people wear in Jane Austen's day?
- Picture the past: Regency homes** 124
The Georgian housebuilding boom
- Extracting some painful history** 134
Visiting a dentist in earlier centuries
- An appetite for history** 138
How cookbooks illuminate the past
- Picture the past: 1913** 144
Snapshots from a century ago

RESEARCH ADVICE

- Track down Nonconformists** 36
Research dissenters in the family
- Find naturalised British citizens** 74
Naturalisations and denizations explained
- Living in sin?** 76
Did your ancestors cohabit?
- Following in their footsteps** 92
Track your forebears' locations
- Make the most of maps** 98
Using maps for family history
- Learn from family treasures** 118
What heirlooms in the attic can reveal
- The age of purges** 130
Old medical records explored
- Bon voyage!** 149
Your 14-page guide to key records



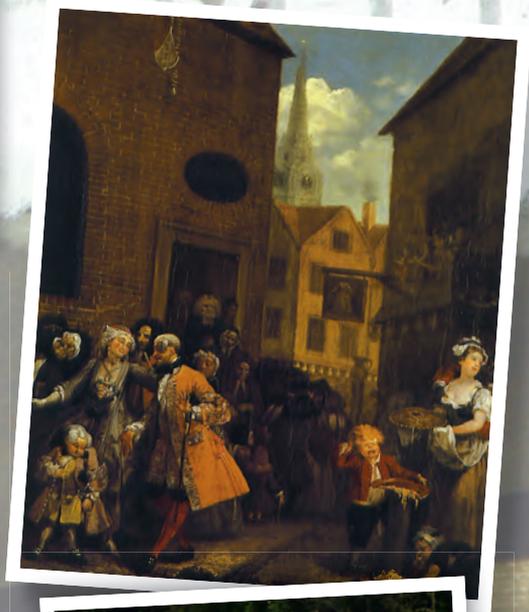


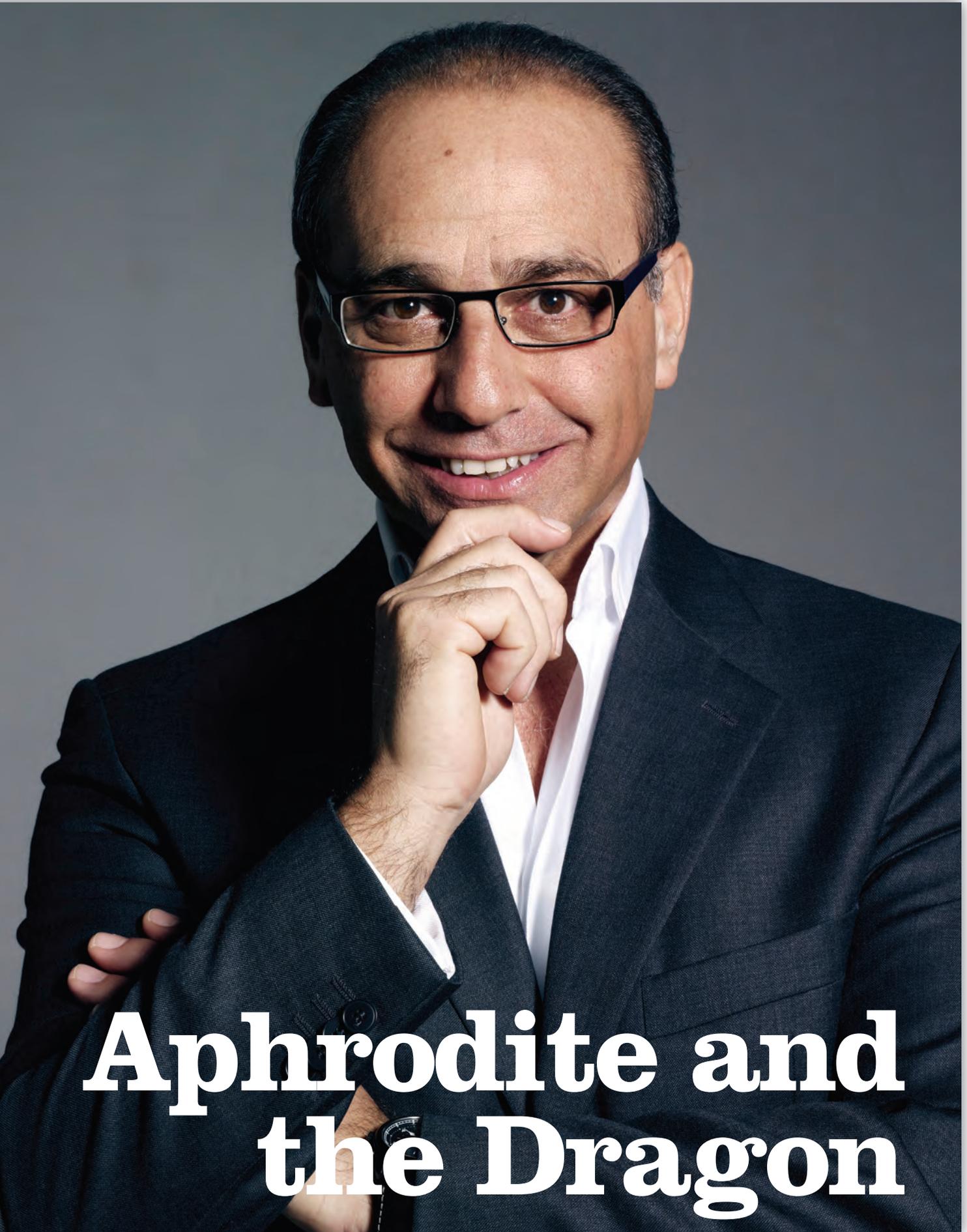
MILITARY HISTORY

- Their hasty orisons** **38**
The grim realities of death in WW1
- Research WW1 deaths** **42**
Using rolls of honour and casualty lists
- Find war memorials** **44**
New online tools can help
- Picture the past: airgraphs** **46**
How troops wrote home in WW2
- Was Dad in Dad's Army?** **126**
Investigate the Home Guard

PLACES IN FOCUS

- Wales** **18**
An overview for genealogists
- Tracing Irish roots online** **48**
Irish internet resources explored
- Cornwall** **80**
A land of proud heritage
- Past voices: the Highland clearances** **88**
First-hand accounts of harsh times
- Past voices: the British Home Children** **106**
Young migrants to Canada
- New Zealand** **110**
Tracing the various waves of settlement





Aphrodite and the Dragon

James Stroud/courtesy of Theo Paphitis

Genealogist **Anthony Adolph** explores Theo Paphitis' roots in Cyprus, and how the country's history affected his family...

Theo Paphitis has become a household name in Britain through his appearances on the BBC TV series *Dragon's Den*, where inventors and small business owners pitch their ideas to a panel of multi-millionaire investors. Theo has also run a series of successful companies including Ryman, Red Letter Days, La Senza and Contessa. He was chairman of Millwall Football Club for eight years, during which it won its first ever FA Cup final.

But though he is famous in Britain, Theo Paphitis is not from Britain. Though a multi-millionaire, his wealth is proudly self-made. And most interestingly, from a family history point of view, his real family name wasn't even Paphitis.

I met Theo in his office in Wimbledon. Passing a branch of Ryman on the way from the station, I spotted a cheery cardboard cut-out of him training for Sport Relief. His office foyer was tastefully dotted with products that seemed familiar from *Dragon's Den* – a teddy bear-cum-voice recorder, and a pair of decorative wellington boots.

He was immediately familiar from the television, though a greater presence in real life – a slim, olive-skinned man exuding health, success and confidence, immediately friendly, and clearly extremely interested in his family history. He had already made a good start. And, as ever in family history, what he had found out had not been entirely as he had expected.

Names are the key to everything in family history and from Theo's name it was clear that his origins lay somewhere in Greece or the parts of the world which the Greeks colonised. In fact, his family were Greek Cypriots, from the island of Cyprus in the eastern Mediterranean, the island



Theo in Cyprus, aged five

famed as the mythical birthplace of Aphrodite, goddess of love.

Theo was born in Lemessos (Limassol), one of the island's main port towns. This much he knew, but when he applied for a passport as an adult he was surprised to discover that he had been born there on 24 September 1959 – surprised, because he had always thought his birthday was 25 September. Unlike most British families, his Cypriot family made very little fuss about birthdays, so his misapprehension about his birth date had simply gone unnoticed.

A greater surprise awaited Theo as he delved deeper into his past, as he describes in his 2008 autobiography, *Enter the Dragon*. His family's surname was not Paphitis at all – it was Charalambos.

Or was it? In Britain, we are used to surnames having been fixed and hereditary for a very long time, maybe for up to a thousand years.

But until very recently many Greek families, and their Greek Cypriot cousins (and many Welsh families too, as it happens) gave their children a patronymic surname derived from their father's Christian name. So the son of Theodoros would be surnamed Theodoros, and the son of Charalambos would be surnamed Charalambos.

In Britain, we are lucky in being able to find out virtually anything we want from public records, but the records for Greek Cypriots are so scant that family knowledge becomes irreplaceable. Until Cyprus became independent in 1960, Cypriot births, marriages and deaths were not registered officially and, while baptisms, marriages and burials were performed constantly by the Greek Orthodox Church, it was down to each priest to record these. Many did not and some of the records kept by those who did are now missing. ►